



Scheepjes[®]
INSPIRATION IN EVERY BALL OF YARN



Berry Picker Cowl & Wrist Warmers

By Liz Barraclough

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MATERIALS

Enough for both the cowl and pair of wrist warmers:

Scheepjes Cuddles (72% Acrylic, 28% Recycled Polyester; 100g/240m)

Colourway 1

Yarn A 705 Evening Walk x 1 yarn cake

Yarn B 710 Summer Love x 1 yarn cake

Colourway 2

Yarn A 710 Summer Love x 1 yarn cake

Yarn B 706 Forest Stroll x 1 yarn cake

4.5mm and 5mm circular knitting needles,
60cm long for cowl, 23cm long* for wrist warmers

Stitch marker

*Use short tipped (5cm) circular knitting needles for wrist warmers

MEASUREMENTS

One size, fits most adults

Cowl: Circumference at bottom 67cm (26½in),
circumference at top 56cm (22¼in),
height 25cm (9¾in)

Wrist Warmers: Circumference 18cm (7in),
length 21cm (8¼in)

GAUGE/TENSION

17 sts and 26 rounds to measure 10 x 10cm
over st st using 5mm needles

ABBREVIATIONS

[] number of sts on a given row/round

k knit

k2tog knit 2 sts together to decrease by 1 st:

insert needle knitwise into first 2 sts and knit them together

kfb knit front and back to increase by 1 st:

insert needle knitwise into next st; knit as normal but don't slip st from needle, instead bring needle around to back and knit through back loop of same st

p purl

pm place stitch marker(s)

rep repeat

RS right side

st st stocking stitch (stockinette): RS knit, WS purl

st(s) stitch(es)

WS wrong side

(.....) **once/to end** work instructions between brackets the total number of times stated

PATTERN NOTES

Cowl is knitted in the round with a slightly tapered shape for a narrower fit at the neck, giving a slouchy and cocooning feel. The garter stitch borders are designed to sit flat on the shoulders and keep the cowl in place if pulled up over the face.

The wrist warmers are knitted in the round up until the thumb hole which is created by



working in rows before joining in the round again. There is sufficient yarn, should you wish to wind yarn off the cake to match the gradient colour on each wrist warmer.

Colour Changes

There is no need to cut yarn when changing colours for the 3-row stripes. Unused yarn is carried up on the inside. A jogless lift-and-knit technique is used to hide the uneven "step" or colour line when changing colours while knitting stripes in the round. Knit first round of new colour like usual, then lift the right leg of the stitch from the row below (in the old colour) onto your left needle. Knit this lifted stitch together with the first stitch of the round.

INSTRUCTIONS

COWL

Bottom Border

Using Yarn A and 4.5mm needles, cast on 115 sts.

Join in the round being careful not to twist sts: slip the first from the left needle onto the right needle, then pass the second st on the right needle over the first and off the needle to prevent a gap. Pm to indicate beginning of round. [114 sts]

Round 1 (RS) Purl.

Round 2 (RS) Knit.

Rounds 3-8 Rep Rounds 1-2 three more times.

Central Section

Change to 5mm needles.

Round 9 Knit.

Round 10 (K55, k2tog) twice. [112 sts]

3-round stripe sequence begins.

Join in Yarn B. Continue in alternating 3-round stripes, changing colour after every

third round. All k2tog decreases are worked on the third round of selected stripes.

Rounds 11-27 Knit.

Round 28 (K26, k2tog) four times. [108 sts]

Rounds 29-36 Knit.

Round 37 (K25, k2tog) four times. [104 sts]

Rounds 38-45 Knit.

Round 46 (K24, k2tog) four times. [100 sts]

Rounds 47-54 Knit.

Round 55 (K23, k2tog) four times. [96 sts]

Break Yarn B.

Rounds 56-58 Knit.

Top Border

Change to 4.5mm needles.

Round 59 Purl.

Round 60 Knit.

Round 61 Purl.

Rounds 62-65 Rep Rounds 60-61 twice.

Cast off loosely.



WRIST WARMERS

Bottom Border

Using Yarn A and 4.5mm needles, choose a stretchy method to cast on 33 sts. Join in the round being careful not to twist sts: slip the first st from the left needle onto the right needle, then pass the second stitch on the right needle over the first and off the needle to prevent a gap. Pm to indicate beginning of round. [32 sts]

Round 1 (RS) Purl.

Round 2 (RS) Knit.

Rounds 3-8 Rep Rounds 1-2 three more times.

Striped Section

Change to 5mm needles.

Rounds 9-10 Knit.

3-round stripe sequence begins.

Join in Yarn B. Continue in alternating 3-round stripes, changing colour after every third round.

Rounds 11-33 Knit.

Round 34 Kfb, k to last st, kfb, remove stitch marker. [34 sts]

Turn and begin working in rows to create thumb hole. Note that on the rows marked with an asterisk *, your new working yarn will be at the opposite end of the row. When needed, slide sts to other end of needle to access working yarn to work next row.

Row 35 (WS) Purl.

Row 36 (RS) Knit.

Rows 37-38* Purl.

Row 39 Knit.

Row 40 Purl.

Row 41 Knit.

Row 42 Purl.

Rows 43-44* Knit.

Row 45 Purl.

Row 46 Knit.

Row 47 Purl.

Row 48 Knit.

Join in the round using the same join method as for bottom border to decrease by 1 st. Pm and continue to work in the round, remembering to resume the jogless lift-and-knit at beginning of round as you start the second round of each stripe. [33 sts]

Rounds 49-55 Knit.

Break Yarn B.

Rounds 56-57 Knit.

Top Border

Change to 4.5mm needles.

Round 58 Purl.

Round 59 Knit.

Rounds 60-63 Rep Rounds 58-59 twice.

Round 64 Purl.

Using 5mm needles, cast off loosely.

TO FINISH

Weave in ends and block to measurements.



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