

# SEPTEMBER

Punch Needle Patterns: Good Morning Coasters



# GOOD MORNING COASTERS

By Scheepjes Design

## Materials

**Catona 50g** (100% Mercerised Cotton; 50g/125m)

**Yarn A** 105 Bridal White

**Yarn B** 247 Bluebird

**Yarn C** 527 Midnight

**Yarn D** 383 Ginger Gold

**Yarn E** 249 Saffron

**Yarn F** 404 English Tea

The Oxford Punch Needle #13 Fine 3/16" (5mm)

5 x Monk's Cloth of 25x25cm (or one large piece to cut up)

Oxford Gripper Strip Lap Frame (or embroidery hoop)

Textile glue (optional)

Tapestry needle

Pen or marker

## Pattern Notes

Always keep the yarn loose over your hand while punching, and make sure there is no tension on the yarn. Too much tension can cause the loops to pull out. The side with the loops is the front, so you will be working from the back of the coasters. Keep in mind that your work will eventually appear mirrored on the loop side. If you notice some white space between the flat stitches, do not worry, it will not be visible on the front (the loop side). Insert the needle all the way through the fabric and pull it back gently, ensuring the needle stays in contact with the fabric. Move the needle a few mm and insert it again.

This pattern uses double strands; use two strands of the same colour at once.

## Instructions

### Preparing the Fabric

The tracing templates can be found on the next page.

**Step 1** Stretch your fabric tightly - it should be "drum-tight" into your gripper frame or embroidery hoop.

**Step 2** Tape the template to the back side of the fabric (this will become the front side of your coasters) and hold the frame or

hoop against a window or light box. Trace the design onto the fabric.

**Step 2** Tape the template to a window or light box, centre the fabric on the template, and trace the design onto the fabric.

## Punching

Use two strands of the same colour together (double-stranded). First, thread the yarn through the hole at the top of the handle. Then guide the yarn down through the hollow needle tube. Finally, insert both strands through the small eye at the tip of the needle (on the inside). Leave 2-3cm of yarn sticking out at the tip so you can start smoothly.

Hold the needle like a pen, with the opening ("beak") of the tip facing the direction you're working. Push the needle all the way into the fabric, then pull it straight up and slide to the next stitch without pulling the yarn. Loops will automatically form on the other side (the front of your project).

Work colour by colour - start with the smaller details and then fill in the larger areas. Below you'll find which colours were used for each coaster.

## Fried Egg

**Yarn A** - for the egg white

**Yarn D** - for the yolk

**Yarn F** - detail in the yolk

Start with the yolk details, then the outline, and work towards the centre. Work the egg white in circular motions from the outside in.

## Croissant

**Yarn F** - detail in croissant

**Yarn E** - for the croissant

**Yarn D** - shadow in croissant

**Yarn A** - for the napkin underneath

Start with the details. Follow the curve of the croissant and fill in each segment. Finish with the white area underneath.

## Milk

**Yarn C** - for the dark blue areas



**Yarn F** – for the 'M' and the top part

**Yarn B** – for the light blue areas

Use angular lines. Start with the dark blue areas, then do the white accents and the letter 'M', and fill in with light blue.

#### **Cup of Coffee**

**Yarn C** – for the cup

**Yarn D** – for the coffee

**Yarn B** – top of the cup and detail

Start with the light blue details, then add the coffee surface and fill in with dark blue.

#### **Cheese Sandwich**

**Yarn D** – for the crust

**Yarn E** – for the bread

**Yarn F** – for the cheese

Start with the holes in the cheese using Yarn E. Then fill in the cheese, then the bread, and finish with the crust.

#### **To Finish**

**Step 1** Remove the fabric from the frame or the hoop. The work may roll up; to prevent this, place coaster(s) on an ironing board, cover with a damp cotton cloth, and iron. The steam will flatten your work.

**Step 2 (optional)** Glue the back of your coaster(s) to prevent the stitches from pulling out.

**Step 3** Cut out the coaster(s) leaving 1cm allowance.

**Step 4** Finish your coaster neatly by sewing a piece of felt to the back. First, stitch around the edges as close to the loops as possible from the reverse side. Use a thread that matches the outer edge of your design for an invisible finish. Then sew the felt to the back.



