

KNITTING PATTERN



ENGLISH



SOWING SEEDS SOCKS

Lynne Rowe



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MATERIALS

Simy's Studio Yarn Hope Sock Weight (100% Superwash Merino Wool; 100g/400m)

Yarn A 09 Seek and you will find x 1 skein

Simy's Studio Yarn Truth Sock Weight (100% Superwash Merino Wool; 100g/400m)

Yarn B 52 Beauty is only skin deep x 1 skein

2.5mm circular knitting needles, 80cm long (or set of 2.5mm dpns)

3mm circular knitting needles, 80cm long (or set of 3mm dpns)

Removable stitch marker

Piece of scrap yarn

GAUGE/TENSION

34 sts and 44 rounds to measure 10 x 10cm over st st using 2.5mm needles, unblocked

MEASUREMENTS

See Measurements Table on page 3

ABBREVIATIONS

See page 4

SPECIAL ABBREVIATIONS

Kitchener stitch thread Yarn B yarn tail onto tapestry needle. Hold work up with both needle tips facing to the right. You have two sets of sts, with half the sts on each of bottom and top needle. Using tapestry needle, go through first st of bottom needle pwise, then go through first st of top needle kwise. Go through first st of bottom needle again, this time kwise, and take st off knitting needle, go through second st pwise and leave on. Go through first st of top needle pwise and take off, go through second st kwise and leave on. For rem sts, remember the following sequence. For bottom needle: k off, p on. Then for top needle: p off, k on. Rep until last 2 sts on each needle. Then, for bottom needle: k off, p off. For top needle: p off, k off.

Tug gently on each Kitchener st from right to left to neaten.

PATTERN NOTES

Socks are worked toe-up and in the round using circular needles and magic loop method. They have a forethought wedge heel and feature simple colourwork.

Cast on using Judy's Magic Cast On. For instructions, visit bit.ly/3s9MCA8. Alternatively, use dpns and divide stitches accordingly (or short circular needles as preferred).

Needle 1 and Needle 2 refer to the two needle tips, not to two separate circular needles.

As it looks different on dpns, it is explained as Needle 1 referring to first half of sts and Needle 2 to second half of sts.

Colourwork rounds are worked on 3mm needles to maintain the same tension as non-colourwork rounds.

To ensure correct number of cast on stitches, see Measurements Table for ankle/foot circumference. Finished ankle/foot circumference is approximately 1cm smaller than actual ankle/foot circumference, to ensure a slightly snug fit.



INSTRUCTIONS

Toe

Using 2.5mm circular needles, Yarn A and Judy's Magic Cast On method, cast on 10 (12: 14: 14) sts on each needle tip.

Round 1 (RS) Knit. [20 (24: 28: 28) sts]

Round 2 (RS) (inc) *Kfb, k to last st on Needle 1, kfb; rep from * once more for Needle 2. [4 sts inc]

Rep Rounds 1-2 until there are 60 (64: 68: 72) sts.

Next round Knit.

**Change to 3mm circular needles for colourwork.

Join in Yarn B.

Round 1 (RS) (colourwork) (K1 Yarn B, k1 Yarn A) to end.

Round 2 (colour jog) Twist yarns at back of work, slip first Yarn B st pwise with yarn at back, without pulling yarn tightly, k next st in Yarn A, (k1 Yarn B, k1 Yarn A) to end.

Rounds 3-5 Rep Round 1.

Break Yarn B. Cont in Yarn A only.

Change to 2.5mm circular needles.

Rounds 6-22 (22: 24: 25) Knit.**

Rep from ** to ** twice more (including changing needle sizes) and **AT THE SAME TIME** on second rep when working the plain rounds in Yarn A, when foot meas 4 (4.5: 4.5: 5)cm less than full length of desired foot, mark heel position with waste yarn as folls: knit first 30 (32: 34: 36) sts with short length of contrast waste yarn.

Slide these sts back to left-hand needle and knit them again in working yarn.

Cont to end of this second rep. Heel position is now set with the waste yarn.

Rep from ** to ** twice more, then rep from ** to end of Round 5, to complete leg.

Change to 2.5mm circular needles.

Break Yarn B.

Knit 3 rounds using Yarn A.

Cuff

Round 1 (RS) (P1, k1) to end.

Rep Round 1 a further 17 (17: 19: 19) times.

Cast off using preferred stretchy cast-off method (such as Jeny's Surprisingly Stretchy Bind Off).

Heel

Using 2.5mm circular needle, pick up the 30 (32: 34: 36) sts from round below waste yarn, using Needle 1 to lift up right leg only of each stitch.

When all sts are picked up, rotate sock and using Needle 2, pick up 30 (32: 34: 36) sts on opposite side of waste yarn in same manner. [60 (64: 68: 72) sts]

Use a blunt wool needle to carefully unpick waste yarn between needles to leave opening. The live stitches now sit on needles.

Slip first 15 (16: 17: 18) sts onto right-hand needle pwise. This is the new start of the round; it's easier to join yarn at this point than at the side of heel.

Next round (RS) Rejoin Yarn A, and if desired, use sm to mark first st of round. K to end of Needle 1, pick up 1 st; working on second set of sts pick up 1 st, k to end of needle and pick up 1 st; working on first set of sts pick up 1 st and k to end. [4 sts inc]

Heel shaping

Round 1 K to 3 sts before end of Needle 1, then k2tog, k1; on Needle 2: k1, skpo, knit to last 3 sts, k2tog, k1; on Needle 1: k1, skpo, k to end of round. [4 sts dec]

Round 2 Knit to end.

Rep Rounds 1-2 until 20 (24: 28: 28) sts rem.

Knit to end of Needle 1. Cut yarn, leaving 30cm tail.

Using Kitchener st and yarn tail, sew rem sts tog.

TO FINISH

Weave in ends on WS and block gently, taking care not to stretch rib when blocking.

*Uplifting toe-up socks with a forethought wedge heel.
Strips of simple colour work are reminiscent of little green
shoots of new life, radiating a sense of joy and optimism
for the future*

Measurements Table

Size (EU)	XS (36-37)	S (38-39)	M (40-41)	L (42-43)
Number of sts circumference	60	64	68	72
To fit ankle circumference	18.5cm (7¼in)	20cm (7¾in)	21cm (8¼in)	22.5cm (8¾in)
Actual ankle circumference	17.5cm (7in)	19cm (7½in)	20cm (7¾in)	21.25cm (8¼in)
Foot Length	22-22.5cm (8¾in)	23.5-24cm (9¼-9½in)	25-26cm (9¾-10¼in)	26.5-27cm (10½-10¾in)



ABBREVIATIONS

[]	number of sts on a given row/round	rem	remain(s)/remaining
alt	alternate	rep	repeat(s)
beg	begin(s)/beginning	RS	right side
cont	continue(d)/continuing	sk2po	slip 1, knit 2 tog, pass slipped stitch over
dec	decrease(s)	skpo	slip 1, knit 1, pass slipped st over
dpn(s)	double pointed needle(s)	sm	stitch marker(s)
fol(s)	follow(s)/following	ssk	slip slip knit to dec by 1 st: slip 1 st kwise, slip next st kwise, insert left needle into front of 2 slipped sts and knit them tog (left leaning dec)
g st	garter stitch	st st	stocking stitch: RS knit, WS purl
inc	increase(s)	st(s)	stitch(es)
k	knit	tbl	through back loop(s)
k2tog	knit 2 sts tog to dec by 1 st: insert needle kwise into first 2 sts and knit them tog (right leaning dec)	tog	together
kfb	knit front and back to inc by 1 st: insert needle kwise into next st; knit as normal but don't slip st from needle, instead bring needle around to back and knit through back loop of same st	WS	wrong side
kwise	knitwise	yo	yarn over
meas	measure(s)/measuring		
p	purl		
patt	pattern		
p2tog	purl 2 sts tog to dec by 1 st: insert needle pwise into first 2 sts and purl them tog (right leaning dec)		
pm	place stitch marker		
pwise	purlwise		

Repeat formats

*.....; **rep from * x more times/to end** work instructions after * and then repeat that section as stated; the same applies to any number of asterisks: **.....; rep from ** etc.

(.....) **x times/to end** work instructions between brackets the *total* number of times stated



TIPS FOR MERINO CARE

Simy's Studio Book contains patterns for our gorgeous new yarns. Treat these hand-dyed, high quality natural fibres gently. Merino may be less hardwearing than synthetic blends, especially for items worn often, such as socks, but has the advantage of requiring less frequent washing. Use a pH-neutral mild detergent and turn inside out to help prevent wear. Find out more at: simysstudio.com

ABOUT SIMY'S STUDIO

At Simy's Studio, we understand that crafting is not just a hobby; it's an enriching lifestyle that nurtures passion and ignites the imagination. Our brand is built upon the belief that crafting goes beyond the finished product – it's an extraordinary journey of self-discovery and a gateway to exploring ideas.

A curated selection of patterns invites you to explore the wonderful possibilities Simy's Studio Yarn has to offer.



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Folke Kobberling and Martin Kaltwasser, *Amphis*, 2008

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